**Coercive Control Behaviours**

### Coercive Control Behaviours during the relationship

**Financial control while with partner**

1. Victim doesn’t have access to bank account
2. Restrictive allowance
3. Has to account for spend
4. Restricts ability to earn a living
5. Victim name is not on joint assets

**Relationship Controls**

1. Creates repercussions for victim if they talk or meet with others \*
2. Not allowed to see or communicate without abuser present
3. Alienate friends by being intimidating, rude, verbally or sexually abusive to family and friends\*
4. Controls contact information on mobile or computer \* \*\*
5. Restricts movement

**Movement**

1. Confiscating passports, driver licenses and other forms ID
2. Keeping victim effectively under house arrest
3. Only allowed out escorted or with some form of surveillance
4. Forces victim to “check in”
5. No access to money for transport
6. Withholds keys to house or car
7. Refusing access to friends or family

**Physical**

1. Barring victim from leaving, house arrest
2. Physically abusive\* including: pushing, prodding, slapping, hitting, hrottling, strangulation, choking

**Surveillance**

1. Using mobile or computer technology to monitor movement, conversations, contact \* \*\*
2. Persuade others to report where the victim goes or what they say \* \*\*
3. Use GPS tracking devices \* \*\*
4. Install video or listening devices\* \*\*

**Psychological**

1. Isolating victim from friends/family
2. Fear\* of:  Violence Retribution Hurting or loosing custody of children or pets Left penniless•
3. Accusing victim of having affairs\*
4. Convincing either the victim or others that what they do is in the victims best interest\* \*\*
5. Manipulating and turning others against the victims\* \*\*
6. Threatening suicide to persuade victim to “save” them \*
7. Exploiting victim’s vulnerability\*
8. Telling the victim “they will never let them go” \* \*\*
9. Threats to expose the victim either information, photos or videos \* \*\*
10. Erosion of victims self-worth by:

* Persuading them that no one will believe them
* Convincing the victim they couldn’t cope without them
* Accusing them of paranoia
* Questioning sanity
* Berating – constantly criticising, scolding, telling them are doing something wrong, inept
* Belittling - telling them they are ugly, undesirable, stupid, weak

**After the victim leaves abuser**

Unwanted Communications

1. Phone, text, direct messaging or email \*\*
2. Social media either directly or leaving messages that indicate that he is still monitoring victim \*\*
3. Getting third party to deliver a message \*\*
4. Letters

Financial control after separation\*

1. Non-payment of allowances
2. Abuser claims poverty to avoid payments
3. Not disclosing financial assets and/or delaying financial settlement
4. Running up bills in joint names, refusing to make payments so company pursues victim
5. Restricts ability to earn a living e.g. ruining reputation,

System abuse

1. Making vexatious complaints to police, housing, social services
2. Using the courts to harass e.g. contact order breaches
3. Making complaints against professionals supporting the victim

Physical

1. Consistently showing up at the same place as the victim
2. Following the victim
3. Showing up to home or work place
4. Criminal Damage
5. Sending unwanted gifts

Reputational damage

1. Post personal information, accusations
2. Revenge porn
3. Reporting to authorities including: police, housing association, child protective services
4. Using family court system to punish victim e.g. custody hearings
5. Use child access rights to maintain contact with victim
6. Request information using parental rights from schools or GPs
7. Make complaints to employers

 Extortion

Abuser threatens the victim to get them to comply with their demands. Most common threats include:

1. Release humiliating photos or information
2. Take children away, make a report to social service
3. Withhold money, take away assets
4. Commit suicide

\*  Also occurs after victim has separated from abuser \*\* Coercive behaviour using technology such as social media,