

YMCA TRINITY GROUP



FAMILY RESPECT



What is the Family Respect programme?

We support families where children and young people are displaying challenging and abusive behaviours towards parents or carers, this could also include siblings and other family members.

You and your family will have a dedicated member of our team to support you throughout the programme. Our aim is to work with your family as a whole and we will tailor our programme and support where possible to suit the needs of your individual family.

We will work with you and your family within your home or outside of your home if you would prefer.

- ▶ 13 week programme
- ▶ Children and young people aged 10 to 16 years
- ▶ Face to face sessions
- ▶ Support from a dedicated worker
- ▶ One-to-one sessions with child or young person
- ▶ One-to-one sessions with parents or carers
- ▶ Collaborative family sessions
- ▶ Focussing on what the future might look like
- ▶ Helping you to achieve long lasting changes

For more information:

W ymcatrinitygroup.org.uk

