

Respect

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Definition of CAPVA

Respect use the term Child and Adolescent to Parent Violence and Abuse (CAPVA) to describe the dynamic where a young person (8 years –18 years) engages in abusive behaviour* towards a parent or adult carer where the abusive behaviour is harmful and repeated.

*By abusive behaviour we mean more than physical violence, but including emotional, coercive, or controlling behaviour, sexual abuse, and economic abuse.

Adult abuse of parent/ carer: domestic abuse

The DA Act 2021

Behaviour of a person (“A”) towards another person (“B”) is “domestic abuse” if—
(a) A and B are each aged 16 or over and are personally connected to each other, and
(b) the behaviour is abusive

“Personally Connected” includes:

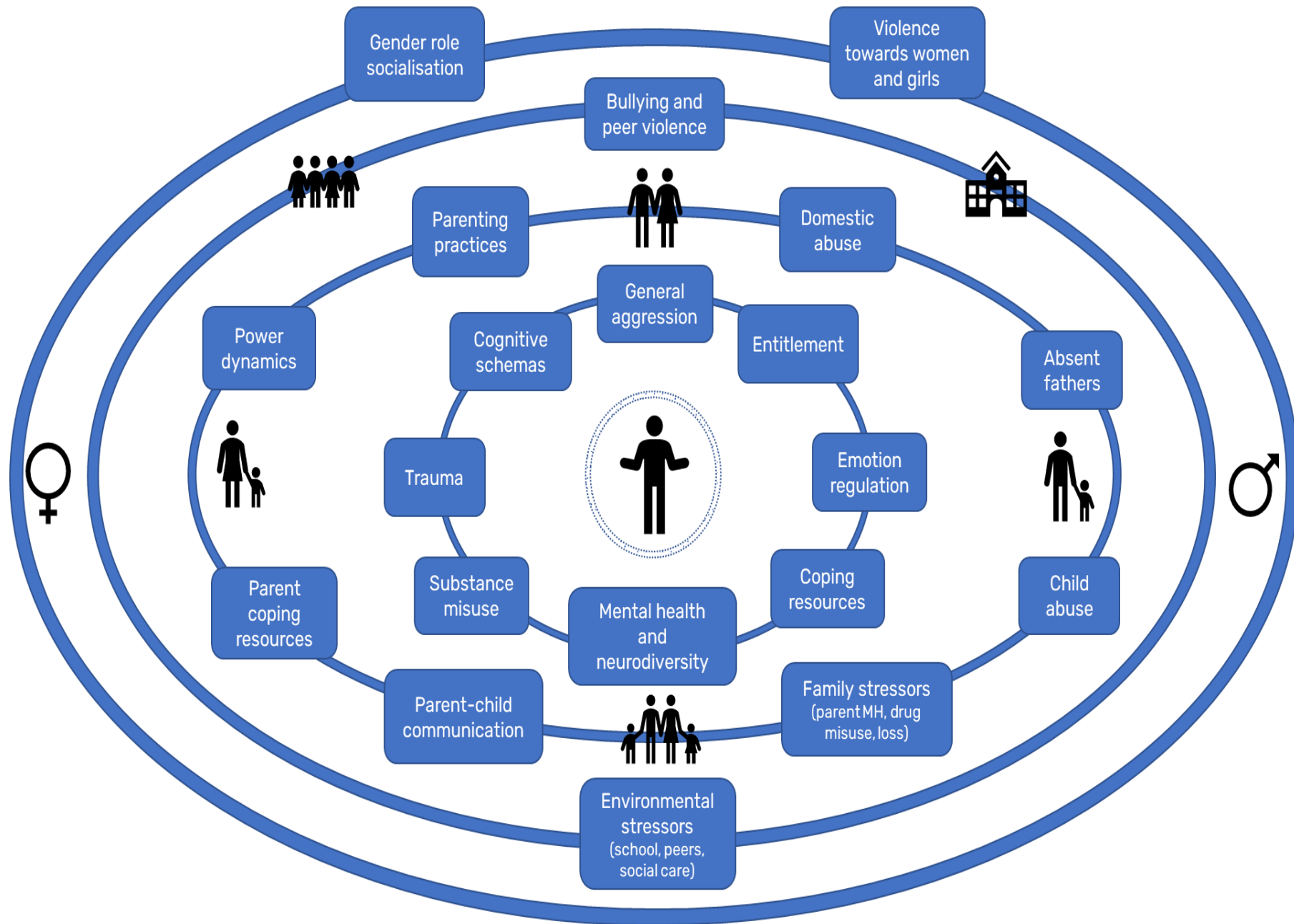
- they each have, or there has been a time when they each have had, a parental relationship in relation to the same child
- they are relatives.

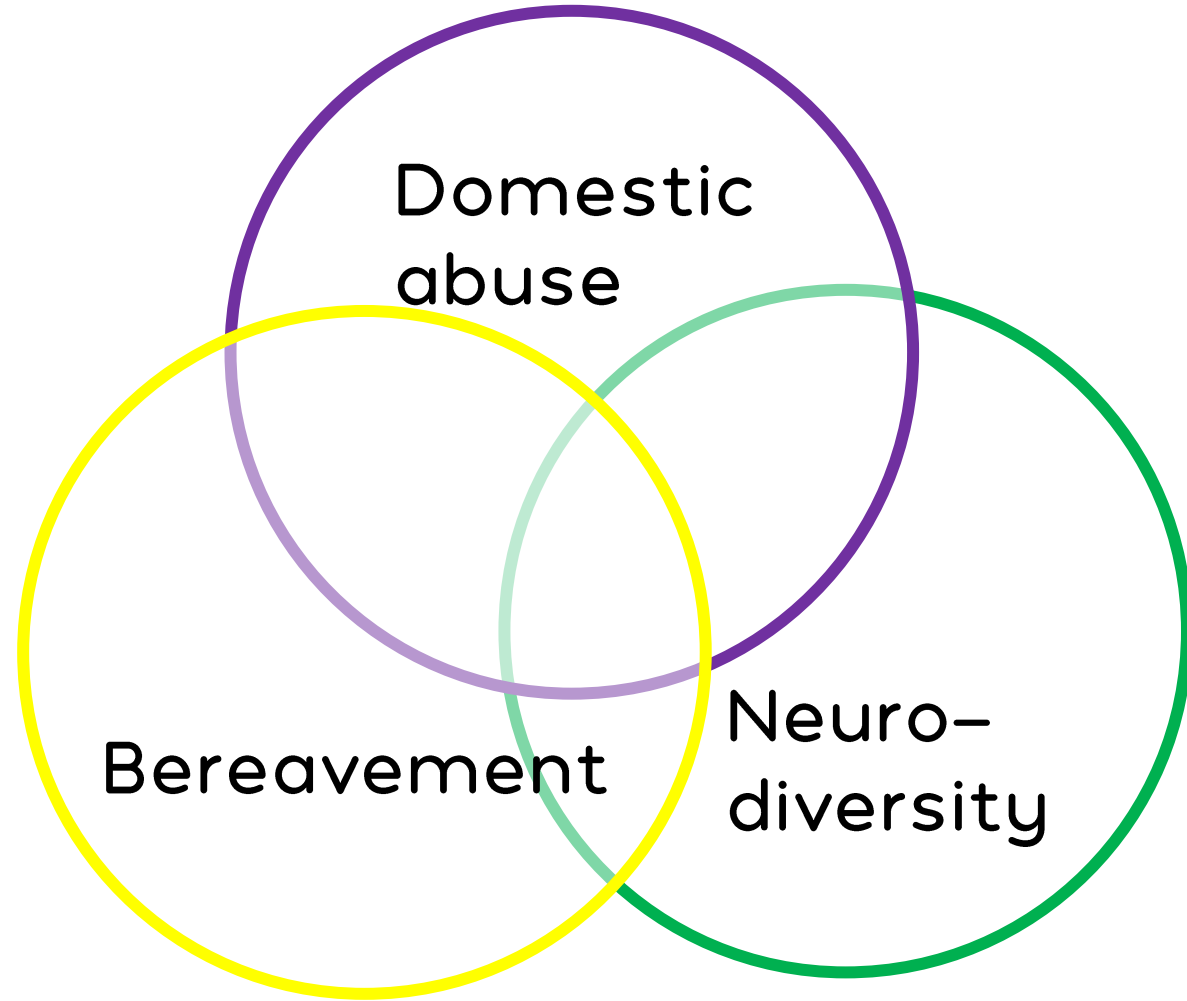
What does CAPVA look like?

Physical	Damage to property	Emotional /psychological	Financial
Pushing, hitting, slapping, kicking, throwing objects, spitting	Breaking possessions, "holes in the wall"	Yelling, screaming, swearing, putdowns, humiliation, verbal intimidation, mind games, threats to kill you or self, run away, hurt others.	Demanding things parents can't afford, stealing, incurring debts



Why does CAPVA happen?





Contributing factors

“FIGHT OR FLIGHT”

ACUTE STRESS RESPONSE

-Increased blood flow to brain;
Increased production of
catecholamines (epinephrine,
norepinephrine, dopamine)
which help to facilitate cognitive
performance

-Pupils dilate/Peripheral
vision is reduced

-Heart rate increases

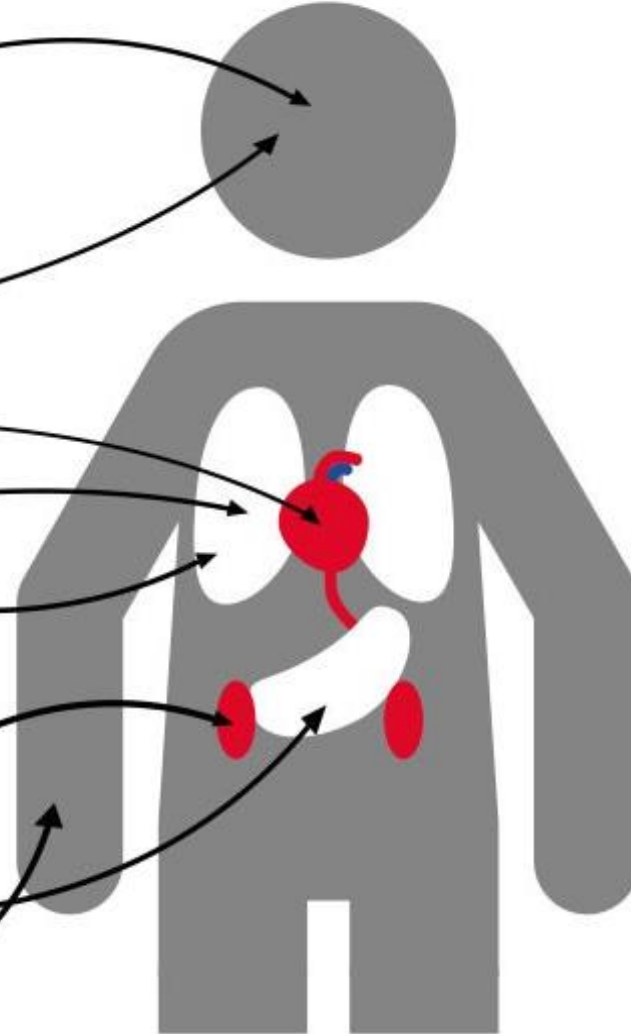
-Faster, deeper breathing

-Increased blood flow to large
muscle groups

-Adrenal hormones (cortisol and
DHEA) released, resulting in
increased energy mobilization

-Digestion slows dramatically

-Blood pressure increases



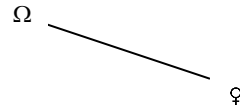
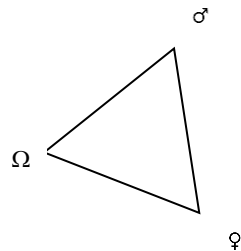
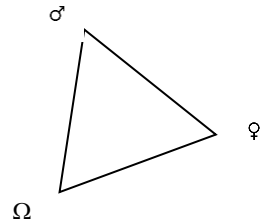
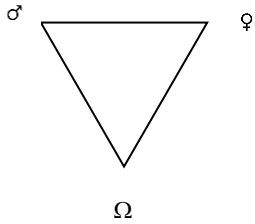
REACTIONS

- Increased alertness
- Increased short term strength
- Increased ability to handle stress
- Heightened ability to focus
- Increased oxygen to the brain
- Faster, deeper breathing
- Heightened sense of smell
- Body and mind are hyper-alert

OTHER RESPONSES

- Perspiration increases to cool body
- Muscle tension increases to prepare for
“fight or flight”
- Saliva production decreases
- Metabolism speeds up considerably
- Inflammation increases
- Blood flow from skin surface is diverted
to larger muscle groups & brain
- Body extremities can change temperature
- Blood pressure increases

Domestic Abuse and CAPVA





Neurodiversity

General population data

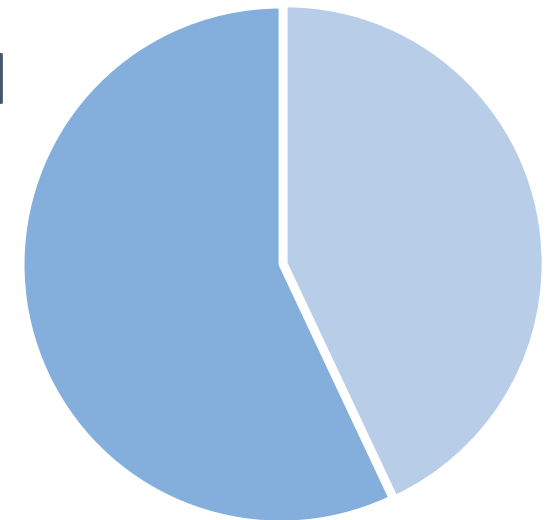
The prevalence of autism in England is approximately 1.76% of the population

(Roman-Urrestarazu et al, 2021)

Prevalence of ADHD in general population is between 2 -5% of school age children

CAPVA Sample 2021

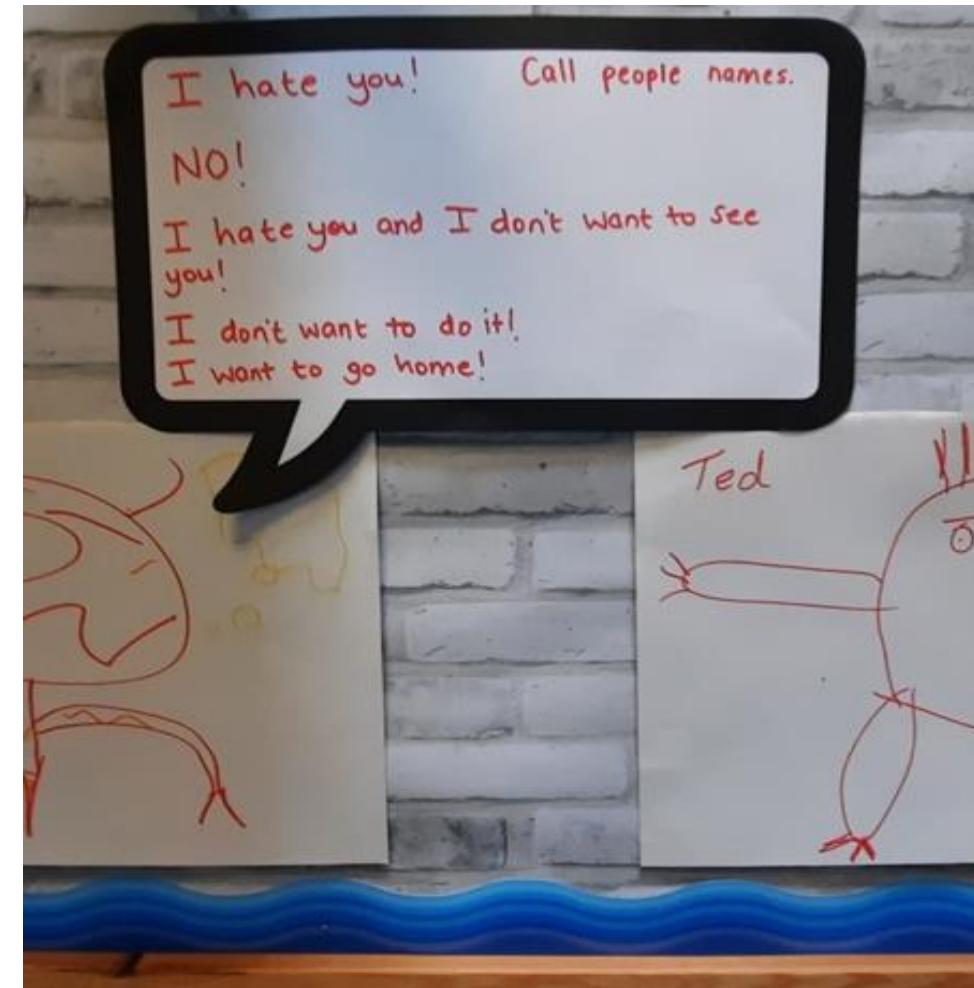
57% neurodiverse/developmental difficulties



■ 1st Qtr ■ 2nd Qtr ■ 3rd Qtr

Neurodiversity and CAPVA

- Debate around intent but harm is comparable
- Violence often functional if not premeditated
- Violence can be a conscious or unconscious attempt to resolve a need.



CPA Statistics

CAPVA is more likely to happen to women- between 65-90%

Between 5 and 7 % of children/ young people are thought to be abusive towards parents/carers

The Cambridgeshire Family Respect project is most likely to receive referrals for children aged 14

Parents being dependent on their adult children increases the risk of harm

Additional barriers to consider

- Families where the parent does not have English as a first language
- Parents who have a long -term health condition/ disability and child is a Young Carer
- Families from minoritized communities
- Professional parents
- Parents who have insecure immigration status
- Parents currently experiencing domestic abuse from a partner

Impact of abuse from an adult child

“The key is in the door – is it them, how will they be, oh the atmosphere changes – a heaviness, sense of foreboding, a dullness in the footsteps, a crash of the door, the smash as something gets broken in their room. Do I check on them in case they have hurt themselves again or leave them be so that I am safe away from being lashed out at...”

“‘Don’t give up on them and please understand that when it’s a family member, it’s not worse but it’s different, it’s a lot more complicated and there’s a lot more emotion involved and different kind of love.’

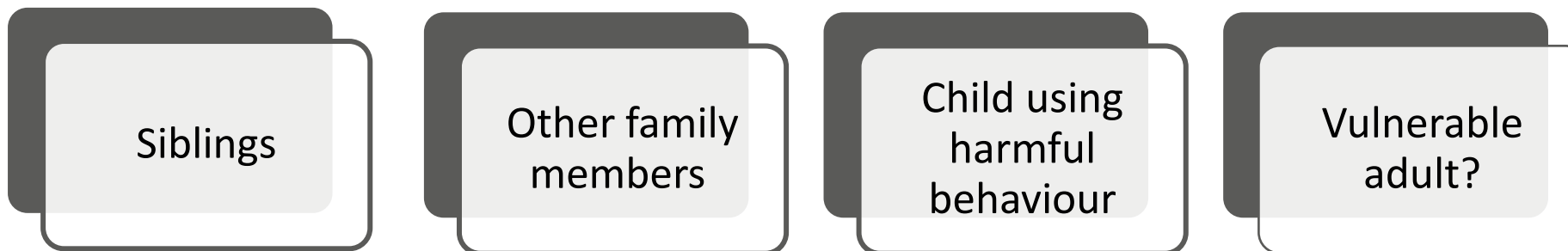
Indicators/ warning signs

- Does the parent seem reluctant to talk about their child's behaviour in the home?
- Does the parent ask you not to tell the child they have spoken with you?
- Does the child regularly not attend school?
- Does the parent seem frightened to make decisions/ enforce boundaries?
- Does the child find it hard to make friends?
- Has the parent sustained an injury and is reluctant to say what happened?
- Are there signs of financial abuse?
- Are there concerns around child sexual exploitation or child criminal exploitation?

Safeguarding



Who is at risk if a child is harming a parent/carer?



RIC can be completed if person using harm is 16+ and a Marac referral done *in addition* to safeguarding referral

Making a MARAC referral



- MARAC referral can be made if young person using harm is 16+
- Score of 17 or above on RIC (in Cambs) or based on professional judgement
- If young person is aged 16- 18 a dual referral should be made- MARAC and safeguarding.
- IDVA support for victim can be accessed if person using harm is 14+
- Refer to specialist domestic abuse support if it meets criteria

Support in Peterborough and Cambridgeshire

How to make a referral..

Police involvement with family

Young person aged between 10 to 16 years

Dedicated and direct police pathway

Get in touch: familyrespect@ymcatrinity.org.uk to discuss potential referrals



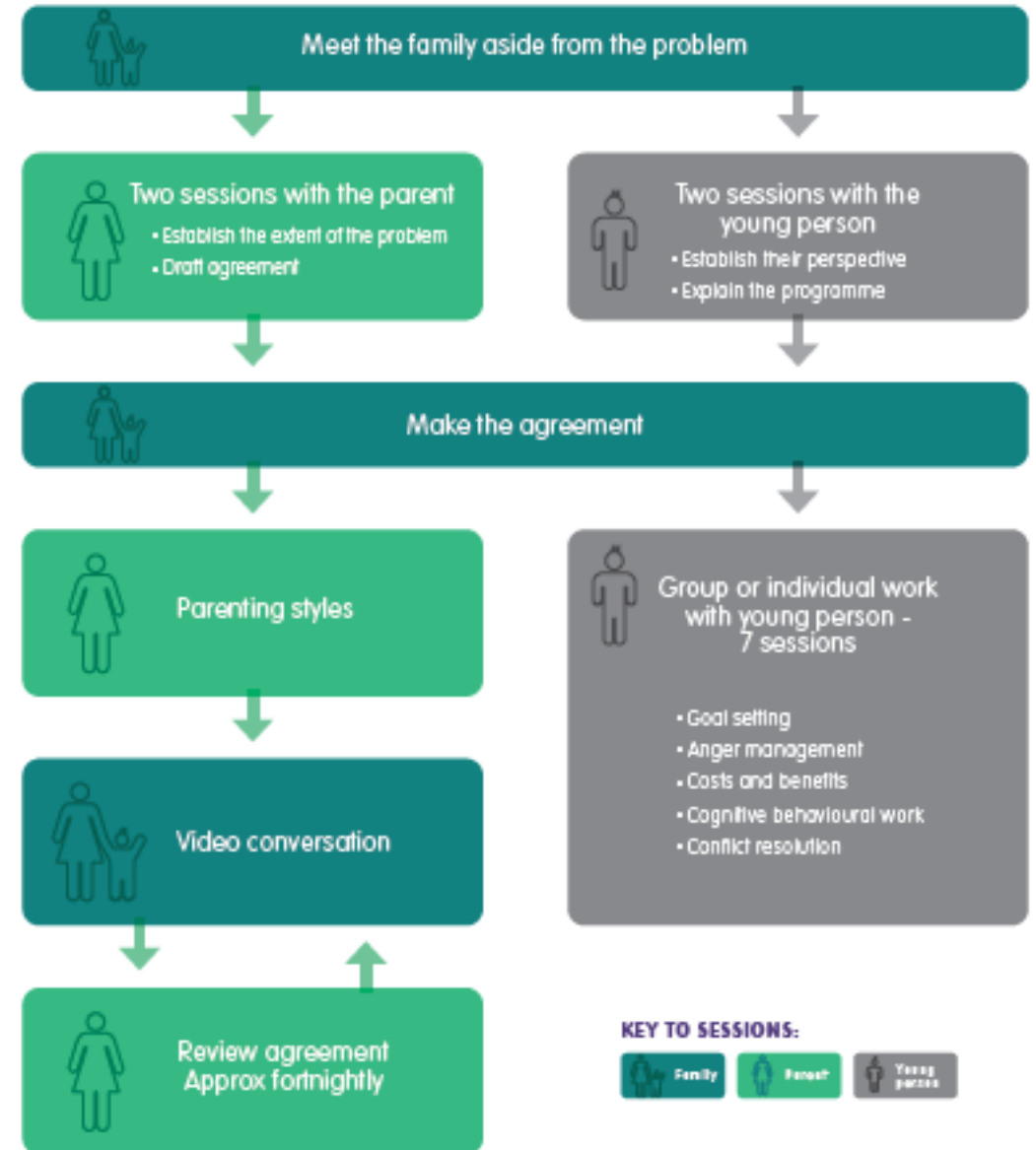
Early Intervention to support families: Respect Young People's Programme

The RYPP intervention

18 Sessions delivered over 12 weeks, based on approximately:

- 7 sessions with parents
 - 9 sessions with YP
 - 2 family sessions
 - 1 exit / closure session
- Fits with Restorative Justice Council Quality Mark and the emerging APV Standards

RYPP flow diagram



You're not alone



Support in Cambridgeshire

Independent Domestic Violence Advocacy (IDVA) service

Domestic Abuse & Sexual Violence (DASV) partnership

Victim & Witness Hub: www.cambsvictimservices.co.uk/support-for-victims/victims-and-witness-hub

Domestic Abuse Support Service (DASS) : www.impakt.org.uk/dass/

Embrace: www.embracecvoc.org.uk/contact-us/

Peterborough Women's Aid: www.peterboroughwomensaid.co.uk/services/

Cambridge Women's Aid: www.cambridgewa.org.uk

Finding out more/support nationally

- Pegs- support for parents, accepts professional referrals and self- referrals
- Hourglass: supporting older people experiencing abuse
- Dewis Choice- resources for professionals working with older victims including safety planning guidance and template
- Holes in the Wall website
- RYPS- Respect



Any Questions?

Respect

