What can YOU do to help STOP violence and sexual harassment against women and girls?





Find out what domestic abuse is and where you can signpost people for support Cambridgeshire County Council DASV Partnership www.cambsdasv.org.uk

White Ribbon —

Make the promise never to commit, excuse or remain silent about male violence www.whiteribbon.org.uk





Stand Up Against Street Harassment

10 minute training to show how you can safely intervene www.standup-international.com

Alpha Vesta Community Advocate —

open to individuals, community groups and businesses

www.alphavesta.com/ communityadvocate

Tips from Rape Crisis England and Wales on what to do if you see sexual violence and harassment www.rapecrisis.org.uk



Ask Me offers community members training to understand domestic abuse and advice on how to respond www.cambridgewa.org.uk



HELPLINES - National Domestic Abuse Helpline 0808 2000 247 Men's Advice Line 0808 801 0327



